

Escape from a submarine. Few situations call for such urgency, yet rely so much on cool heads and training efficiency. These men are demonstrating the newest escape method, adopted by the Royal Navy... the "built-in breathing system".

Once inside the escape shaft, the chamber is closed and filled with water, while the men fill their lungs with a mixture of nitrogen and oxygen. The mouth-pieces are plugged in to the breathing system.

This <sup>elim</sup> ~~eliminates~~ the <sup>past</sup> ~~previous~~ difficulty of conserving enough air while ~~the chamber fills to enable the escape hatch to be opened.~~

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All set - the signal is given to open the hatch.

A last deep breath - and then, by the free escape method - the man shoots to the surface - <sup>RELEASING</sup> ~~expelling~~ the air as he goes.

<sup>At the surface</sup> ~~As soon as~~ he inflates his immersion suit - (which is fitted with a ~~target~~ light) and waits for the rescue. ~~6,000~~ <sup>already</sup> 6,000 submariners have been trained in this new escape method - ~~which has been~~ <sup>already</sup> fitted to most of our submarines.

Now let's go to Portsmouth - to salute a submarine with a proud record, ..

~~It is~~

~~The~~ "H.M.S. Thorough" - back home after eight long years in the Far East. No wonder that to the relatives on shore this was the best Christmas ~~present~~ present of all.

The only <sup>note</sup> ~~thing~~ of regret is the paying-off pennant flying over the "Thorough". After thirteen years, in which she gained a distinguished war record and became the first submarine to sail round the world, the "Thorough" is to be scrapped.

But for her crew, it's a happy welcome home - to share with us all, the joys of family life, in this joyous season of the year.