- Canada's rich red canned salmon is going to be plentiful British Columbia in the shops again. And it's here in thexademexriver, as the young and adults run down river to the sea, that the strange cycle of their lives begins

Four years later they're back again to breed and die. But when they return to fresh water they're finished with feeding. So for the Squilar Indians on the Adams river the traditional fish spear is still the best way of catching the years supply of salmon ... It's a great ceremony for them The study of the salmon and its strange life has added enormously to the industry. As they go apstream to spawn many are marked so that the distance they travel can be traced And they way they change in the rivers, especially the males becoming bright red, with savage jaws ready to fight for a mate At the spawning grounds, 300 miles inland, the female lays her 5000 eggs while her mate stands guard. Jealous of his brothers, he'll fight to keep her till, her job finished, she, with him dies , exhausted.......

This year as the salmon returned to the river there was a record catch - 15 million fish, Much of it is coming to Britain, and that's good news for housewives