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BEACHY HEAD TO HASTINGS

The Channel Swimming season looks like starting again any time now. 33 year-old George Becker, of Lancing, Sussex starts the 18 mile swim from Beachy Head to Hastings. This will be his final try-out before making his first post-war attempt to swim the Channel.

From the Eastbourne side of Beachy Head, with one boat as escort - - - and what a lot of witness between here and Hastings.

But it's not all hard work. Rum and milk keeps the swimmer going - - - nice feed, if you can get it.

Filmed in slow motion; in case you're looking for hints on swimming for your next holiday-at-home.

Getting near to Hastings and the chance of putting a foot on terra firma.

Holiday-makers on the beach made up a spontaneous reception committee. Mr. Becker claimed to have covered the 18 miles in seven and half hours. He wore no swimming cap or ear-protectors and came out of the water looking very fresh. And now home for a nice quiet bath.