WORLD RECORD MARATHON

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Before the start of the 26-mile marathon at Windser, the Duke of Edinburgh chats with 33-year-old Jimmy Peters, winner of last year's race. There's a big field at the start for this gruelling test - and there they go ... next stop Chiswick. Leaving Windsor Castle they've already set a good pace. Mash from Port Talbet, No. 170, leads the main pack, with Ellick, in striped jersey, just behind. But well ahead Jimmy Peters steps up his pace and increases his lead - though some people believe in taking it easy.

The pace is getting pretty het now and the runners could do with semething to cool them off - well most of them anyway. The field thins out a bit as they near Chiswick, but still way up in front is Jimmy Peters. He's running the race of his life. Into the Stadium at Chiswick Peters is still well in the lead, and at the tapes he wins with a recordbreaking average speed of 11.19 miles-an-hour. His time for the 26 miles, 2 hours 20 minutes 42.2 seconds, is the world's best marathon time yet. Peters is just about the brightest hope we've get for Olympic honours.

Blackpool

At the Derby Baths, Blackpool, Britain's best swimmers and divers gather for their final Olympic trials. Here they go for the 1650 yards free-style race. Donald Bland who did well in the 1948 Olympics is there, but Robert Streeman, an 18-year-old Scotsman, is doing well and looks like giving him a tough battle. The race is nearly over and Streeman and Bland fight it out, but at the finish it's Streeman by seven seconds from Bland in the fast time of 19 minutes 55.4 seconds.

It's the 220-yards free-style and Soetsman Jack Wardep (where twin brother Bert has already won here teday) scores yet another decisive vietory for the Wardrop family.

The biggest surprise of the day comes when champion Eleaner Gordon is beaten by 16-year-old Valerie Harris in the wemen's 220-yards breaststroke. Young Valerie proves she stands a very big chance at Helsinki.