

COME ON IN, IT'S FINE.

Moscow's winter swimming club never lets a Sunday morning go by without cutting through a few feet of ice, to make a nice healthy bathing pool. As everybody knows, the one sure way to avoid catching cold is to begin the day with a cold bath; but as the water system is frozen up at home, they have to form the club and come out of doors. Tied with a string, so he won't get lost, the hardest member goes under - and he comes out here.

As you'll know if you've tried this sort of thing, it isn't really cold. A brisk rub down and you feel rosy all over; though you can't blame Rosy if she stays at home by the fire. Now, he'll count the hours till next Sunday's swim.