

Champions from the British Isles joined with athletes from places like British Guiana and Jamaica in the parade before the Southern Games in Trinidad. It was here that Macdonald Bailey first hit the sports headlines. One of the first events saw the ~~United Kingdom~~ ^{BRITISH} captain Ken Wilmshurst break the Trinidad Hop, Step and Jump Record.

The high jump was won by William Gittens from the Windward Isles. Britain's Geoffrey Elliott won the Pole Vault with a record leap of just over twelve feet.

And Elliott and Macdonald Bailey were two spectators who watched an epic struggle between local teams, in the tug o' war.

Brian Hewson's chances in the 800 metres were threatened by a foot injury. He had dropped out of the fifteen hundred metres on account of it. Hewson had the bad luck to cut his ~~front~~ heel while bathing the previous day.....and supporters of Jamaica got very excited about the ~~xxxxx~~ victorious prospects of their own man. But Hewson soon took the lead. Despite his handicap, ~~xxxxxx~~ ^{HIS} proved too good for the opposition; which is not surprising, as he is one of the world's very few four-minute milers.

This performance produced a winning time that took Trinidad's All-Comers Record away from America's M. Whitfield; and gained one of the big trophies, for the sportsman who, in 1955, was Britain's Athlete of the Year.